

# Week 1 - Family ADVENT-ures



This is a time of the year that we wait. Our waiting is not passive but has the added element of active watching. Watching requires our attention and use of our senses. We have much to do while we wait as Christ continues to come deeper into each of our hearts

1. Set up an Advent Wreath in the home. This can be done with simple supplies. It can even be done as a child's coloring activity (provided) for each week with the child's art displayed prominently on the fridge or some other place in the home.
2. Teach the Symbolism of the Advent
  - The circle represents God's love which has no beginning and no end
  - The evergreens represent eternity and remind us of the hope of everlasting life
  - The three violet candles remind us, "Repent and hear the Good News."
  - The rose candle, which we light during the third week is the color of joy. It reminds us that as we turn more toward God, our joy increases
  - The light from the candles bids us to follow Christ
3. Read a short piece from one of the gospels that narrates the birth of Jesus and have each person (within the family context) share their idea of how they will await the coming of the Lord. Talk about what your family can do by their actions to show Jesus to others.

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